

# Ebola Program

PROGRAM DEVELOPER		PROGRAM LENGTH		DATE IMPLEMENTED	
Joe Mastrocola		Estimated 10 minutes	Actual 10 minutes	.1/6/14	
CURRICULUM AREAS		PROGRAM SUMMARY			
	Lifelong Learner	Students take a 10 question quiz on first aid to see what they know. After they complete the quiz, we go over it as a group and discuss first aid.			
	Identity				
	Ethical decision Making				
	Goal Setting and Planning				
	Time Management				
	Study Skills/Test Taking Strategies				
x	Personal Wellness				
	Positive Risk Taking				
	Relationships				
	Appreciation on Differences				
	Community Membership				
		PROGRAM SIZE			
		x	3-10 students		31-40 students
			11-20 students		41-50 students
			21-30 students		50+ students
SSL:					
D.6 maintaining and promoting self-care [MCSH-7]					
LEARNING OBJECTIVES (Audience, Behavior with action verb, Condition, Degree) Essential knowledge, concepts, skills, performances...					
Students will be able to test their knowledge of basic first aid.					
Students will be able to fill in gaps in their knowledge following a discussion on first aid.					
MATERIALS			PREPARATION / MANAGEMENT		
Attach copies of materials designed/selected for student/instructional use					
Lollipops, basic first aid quizzes, pens			Make the quiz ahead of time		
INSTRUCTIONAL PROCEDURES					
INTRODUCTION (hook, focus, key question, motivation)					
	Open the program by asking students if they think they are competent in basic first aid.				
BODY OF PROGRAM (Active, student engagement, learning, developing)					

	After briefly discussing it, give each student a copy of the first aid quiz and a pen. Give students several minutes to complete the quiz. Once the quiz is completed, students hold on to their own quiz and we go over the answers and discuss them as a group.
<b>CLOSURE</b> (summary, wrap-up)	
	After finishing going over the quiz, ask students to reflect on what they learned and give them a lollipop for participating.
<b>EXTENSIONS AND/OR RELATED ACTIVITIES</b> List and describe	
NA	
<b>SOURCES USED IN PREPARATION OF THIS LESSON PLAN</b> List and describe	
NA	
<b>REFLECTION ON STUDENT LEARNING, ASSESSMENT &amp; LESSON IMPLEMENTATION</b> (What worked, didn't work, will do differently and next steps)	
The lesson worked very well. Students were surprised by what they didn't know and were interested in the questions because they had real world application.	

## First Aid Quiz

1. When tying a bandage, the knot should be tied where?
  - a. On top of the wound
  - b. On the opposite side of the wound
  - c. It doesn't matter

2. When performing CPR (after an ambulance has been called) when should you stop?
  - a. When the lips go blue (Cyanosis)
  - b. After 10 cycles
  - c. After 15 cycles
  - d. Only when assistance has arrived
3. What temperature should water be at to treat frostbite?
  - a. Between 95 to 100 degrees Fahrenheit
  - b. Between 100 to 105 degrees Fahrenheit
  - c. Between 105 to 110 degrees Fahrenheit
  - d. Above 120 degrees Fahrenheit
4. What is the treatment for a sprain/strain?
  - a. Exercise
  - b. Rest, ice, comfortable support and elevation
  - c. Lower the injury below the heart
5. What is the priority when treating any patient?
  - a. Bleeding
  - b. Fractures
  - c. Airway
6. If you lose a tooth and can't stick it back in, which liquid should you place it in?
  - a. Water
  - b. Milk
  - c. Tea
  - d. Orange Juice
  
7. If chemicals splash in your eyes, for how long should you flush them with water?
  - a. 1 minute
  - b. 5 minutes
  - c. 10 minutes
  - d. 20 minutes
8. If you're choking and you're all alone, what should you do?
  - a. Stick your finger down your throat
  - b. Throw yourself over a chair or into a countertop
  - c. Lie on your back and try to perform abdominal thrusts
  - d. Any of the above
9. You have hypothermia when your body temperature is below what temperature?
  - a. 94 F

- b. 95 F
  - c. 96 F
  - d. 97 F
10. If someone is choking on food and can't breathe, speak or cough it up, what should you do first?
- a. Give five back blows between his shoulders
  - b. Do the Heimlich Maneuver
  - c. Reach into his mouth and scrape his airway clear